

THE OPEN DOOR

PROVIDING QUALITY CARE TO DEVELOPMENTALLY DISABLED PEOPLE THROUGH COMMUNITY LIVING

HIDDEN TREASURES SHOW !

by Deneye Werthner

The *Hidden Treasures* Show, held on June 15 at Fox Lane High School in Bedford, N.Y. was another smashing success. The event began with an art show, where inspiring pieces by consumers were proudly displayed for all to enjoy and purchase.

Emceed by CLC staffers Nicole Wright and Sedeaka Lawrence, the troop played to a full house with attendance from many local agencies. The theme, *Out with the Old, In with the New*, highlighted classic music, line dances and new pop trends. Opening with *Something New*, performances included, *Singin' In The Rain*; *Wake Me Up Before You Go*; and *Watch Me (Whip Nae Nae)* among other favorites. Director Lucille McCarthy and Assistant Director Deneye Werthner send special thanks to the entire *Hidden Treasures* staff and volunteers.



Hidden Treasures is an arts education program designed to enhance the quality of life for developmentally disabled adults by nurturing creativity, self expression, and self esteem. HTreasures.org



CONSUMER REPORTS

By Holly Pike

Consumer Reports features articles and stories written by CLC consumers in their own words.

On July 4th through July 8, I will be going to Sarasota, Florida to visit my mother and her two cats. Their names are George and Claudio.

Once I arrive in Sarasota I plan to walk into town to visit some of the stores to look at jewelry, clothing, etc. One of my favorite places to visit is called Calvin Alley, a souvenir shop. They sell jewelry and vintage clothing.

During my stay my mother and I plan on having dinner at Plymouth Harbor. They have a café inside that my mother and I enjoy eating at whenever I come to visit her.

Holly

At right, Holly and some of her favorite things to do, read and collect plush animals.



Photo by Irene Quill

ALL ABOUT ANA

By Kevin TeCarr

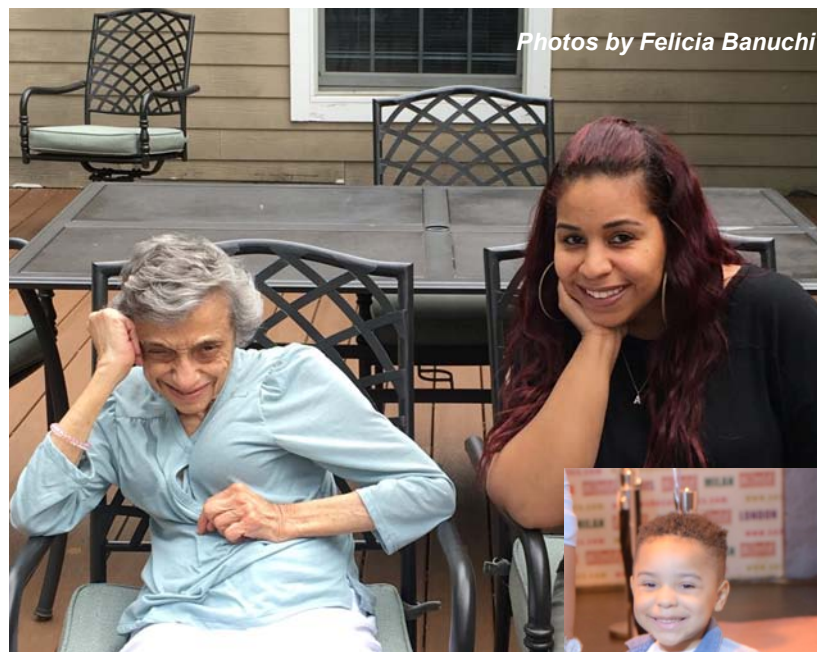
Ana Hiraldo is one of the newer members of the Kitchawan team. She works the morning shift; no doubt the most hectic part of the day. As with everything she does, Ana has taken the frenetic pace of the mornings in stride. Her time at Kitchawan has proven to be an invaluable and she is truly a member of the team.

There is no task too big or too small for Ana, and she consistently takes on extra responsibilities. Her involvement with the medical concerns of the eight residents of Kitchawan is notable. She doesn't just transport the consumers to medical appointments, but serves as a liaison representing the needs and concerns of the staff and residents and keeps up-to-date on all pertinent medical issues.

Ana came to Kitchawan with experience in the field, but has made a big difference to the environment at the residence. Ana especially likes the family oriented atmosphere here, and that all are treated with respect and dignity.

She finds the management very down-to-earth and approachable; she has experienced the opposite in many places she has worked before. Besides working at Kitchawan, Ana has a part-time job in fashion. She is the mother of four-year-old Mason, who keeps her quite busy. She also cares for her mother. When she does get the chance for downtime, it is spent with family. Ana puts others first, and her commitment to people at Kitchawan is steadfast and true.

Kevin TeCarr is Assistant Residence Manager at Kitchawan.



Photos by Felicia Banuchi

Ana takes a few minutes to spend time with consumer Eileen L.



Ana's son Mason

MESSAGE FROM THE EXECUTIVE DIRECTOR

Imagine for a moment dreaming about some magical way to get a new pony for free. Probably not an unusual dream, lots of kids (and probably a few adults) dream this every day. But, it's a dream that rarely comes true... until now.

Winslow Therapeutic Riding Center recently announced that there was a breeding organization which would donate ten horses to various riding centers around the country. There was just one catch – in order to get the horse you had to vote online for your favorite organization. Participants could vote as often as they wished, but not more than once a day. The highest vote tally would be given a horse completely free. Over the course of the voting period we watched our vote tally wax and wane from a high of third place to a low of eighth place.

We approached everyone who had access to a computer to vote for us and unlike most elections - to vote often! The weekend was quiet and most of us had no idea where we stood when Monday rolled around.

Everyone must have been pretty busy on their computers because, when all was said and done, Winslow was found to be in the top three challengers. This is just amazing: accolades and kudos should be directed to Susan Ferro, Winslow's Executive Director. Her persistence and constant encouragement to vote was what made this happen.

The type of animal that was won is called a *Gypsy Vanner*. I've been told that that this is a breed of horse which is particularly well suited to the type of riding done every day at Winslow. It's a strong, stout, breed capable of carrying heavy loads without the height and size of other draft horses like Clydesdales made famous by Anheuser-Busch commercials.

In addition to the regular schedule of riding for children, CLC now has approximately 12 consumers enrolled in the farm program on a daily basis. There are plans to further expand the adult farm program to include more Orange County consumers.

We look forward to serving this group as early as this summer. The program offers something for everyone. If you're not a rider, you might become a gardener, selling to the public. You might even be a chicken farmer, chasing the chickens and delivering *really* fresh eggs to a long waiting list of customers.

With everything that is happening as our programs move incrementally closer towards managed care, we find ourselves participating in a new program; a program that is just plain fun! No one can take the fun out of it but us – and, frankly, we have absolutely no intention of letting the fun parts go! Whatever your plans are for the summer, enjoy yourself and be safe.

John Porcella



From around 1850, travelling people in the British Isles began to use a distinct type of horse to pull their wagons in caravans. Over the years it became a domestic breed that today is known as the Gypsy Vanner horse. The breed was first exported to the U.S. in 1996.

ZUMBA ZUMBA ZUMBA

By Deneye Werthner

On Sunday, June 1, *Hidden Treasures* hosted another ZUMBA event at Equinox in Armonk. Consumers from CLC as well as Cardinal McClosky Community Services and Opengate enjoyed the 45 minute Zumba class. Participants also received full, all-day access to the gym facilities.



FLORIDA, OH FLORIDA The Creative Escapes Team

Our Fun Photographic Tour from Florida — We Did It All!

Our own beach front mansion, our movie screening room,
 our pool and pool table, our own elevator to zoom.
 Wrap around porches three stories high, o'erlooking
 bright blue waters 'neath a bright blue sky.
 From Mickey to Shamu, Magical Kingdom's unfurled,
 down the slides at Aquatica, at Disney and Sea World.
 At our gated community to the policeman we waved,
 and where ever we went we were, of course, well behaved.
 But what we don't tell you far beyond the gate,
 is the wild fun we have on our Creative Escape.



CLC GALA & THE GREAT GOWN GIVEAWAY!

The CLC Gala, scheduled for July 24 at Greentree Country Club in New Rochelle from noon to 4pm, is a highlight of the year for many CLC consumers. Guests can look forward to an art exhibit by consumer artists, raffle drawing, gourmet luncheon and a ceremony for this year's honoree, CLC Associate Executive Director Christina Stile. What consumers look forward to most, however, is the dancing and music by DJ ESP!

Of course, CLC consumers want to look their best for the event. So, when ball gowns and tuxedos were donated, consumers flocked to the main offices to find the perfect outfit.

In early June, The Community Center of Northern Westchester's Executive Director Clare Murray and staff brought over racks and racks of beautiful formal wear. This connection was made by Patrice and Charmaine (Barker Street staff).

Said CLC's Sarah Fiske, "It was such a beautiful thing to see! The ladies were so excited picking out their dresses, and there was a table of little fancy purses, too!" CLC sends a heartfelt thank you to Ms. Murray, her staff, and all who helped with the gown giveaway.

The Community Center of Northern Westchester first opened in 1992. The organization provides food and clothing for people in need, and offers classes and programs to assist clients in gaining access to health care, education and social services resources.



Photo by Irene Quill



Photo by Irene Quill

Danny browsing through tuxedos. "If the tux fits, wear it!" He enjoys going to the Gala to dance.

Barbara picking out a dress for the Gala. Her favorite part of the party is to see all her friends.



Photo by Patrice Thompson

At left, a representative from CCNW helps Angela select a ball gown.



Photo by Sarah Fiske

MACY'S SHOP FOR A CAUSE

For the 6th time, CLC will participate in Macy's *Shop for a Cause* event. Event passes give 25% off items purchased at Macy's during Friday, August 26 through Sunday, August 28. Passes require a minimum donation of just \$5. If you are interested in purchasing a pass, contact Denyele Werthner at 914 239-4700 ext. 214

CLC'S EXCELLENT CITY TRIP

By Nicole Wright

Consumers from Highland had a great time visiting Madame Tousseaud's in NYC this past Winter! Everyone had a chance to pose with famous (wax) celebrities and iconic NYC backdrops! (Consumers in attendance: Kathryn W., Stephen M., Birthday celebrant Robin C., Tommy C., Robert H., Joseph S.)

Consumers at Highland especially enjoyed their day out in NYC to see the quirky, Off-Broadway production of *The Blue Man Group!* (Consumers in attendance: Kathryn W., Anna C., Stephen M., Tommy C., Robin C.)



A DAY AT THE RACES



On Sunday, May 15, Winslow Therapeutic Riding Center hosted Warwick's annual Duck Derby. About 30 other organization clubs and agencies also sold tickets to this popular fundraising event, and proceeds are shared with other not-for-profit agencies.

On race day, hundreds of people, including CLC consumers, crowded the banks of Waywayanda Creek in downtown Warwick, NY. Most attendees *adopted* a few of the thousands of rubber ducks, each bearing a number corresponding to a \$5 ticket they purchased.

Volunteers released the ducks, that quickly floated down the creek to a finish line beyond the Main Street Bridge. First ducks to cross the line enabled ticket holders to collect prizes, including \$1,000 cash, a laptop computer, teeth whitening and a Kindle. (Volunteers collected ducks with nets.)

Although CLC consumers didn't win the race, (top prize went to Brian Powers), it was an exciting and fun day at the races.



Photo by John Porcella

Joe and his sister at the Duck Derby.

TALKING BASEBALL

By Kevin Lager



Tina meets Mr. Met!

The New York Metropolitan (the METS) made franchise history this evening April 29 by scoring 12 runs in a single inning. Our own Christina (Tina) and her Manager Monique Robinson were a witness to this feat, along with Vickie Wilson and this reporter.

The evening started with a walking tour of the site of Big Shea's base pads and the pitching mound. (Plaques stand in the parking lot at the exact site of first, second, third, home and the pitchers mound were located.) Afterwards we visited the Old Big Apple and came upon my father's brick on the "Citi Field Walk of Fame."

We waited a long time to get into the Jackie Robinson Runda, but once inside we received the official N.Y. Mets 2015 National League Pennant T-Shirt. Tina wanted a METS Yearbook, and she got that, as well. We then made it to field levels where we watched the Giants taking BP (Batting Practice). We were hoping to get a baseball, but to no avail.

Wanting to get our first ceremonial hot dog under our belts (literally), we left the field for several Nathan's famous with the works. No longer famished and before the game even started we headed to the museum and gift store. Here you see Tina standing next to the original Mr. Met. A guard (not pictured) stands very close to the mannequin providing protection for this beloved mascot.

At the Coca-Cola Corner, we all sat to watch the game. It became very cold, rainy and raw. Our ponchos made from garbage can liners were no match for the elements. We made it through the third inning and witnessed a cavalcade of hits, and back to back homers. The game was over at that point. There was nothing more to see.

Soaking wet, but happy, we all headed to the Excelsior Club where we found a table. Coffee, hot chocolate, French fries and great conversation ensued as we dried up and watched the rest of the game from our very close television screen. When the game came close to ending, Tina said: "Put it in the books, the Mets won again."

Ticket donation was made possible by CLC staff member Maggie Braig, who was able to get free tickets through a program at Coca-Cola via her sister Jena Hinspeter, who works at the company. Thanks to all!

Kevin is a true blue Mets fan. His office is decorated with Mets memorabilia. A Physician's Assistant, he heads CLC's Health Services Department, and oversees Peekskill, Kitchawan and London Road sites.

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OUT AND ABOUT IN CENTRAL PARK

Stephen M., Kathryn W., and Anna C. visited Manhattan's Central Park this past winter, ice skating, riding the carousel and even making giant bubbles.



Story and photos by Nicole Wright

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